

University of the Incarnate Word

The University of the Incarnate Word (UIW) was founded in 1881 by the Sisters of Charity of the Incarnate Word. It's the largest Catholic university in the Southwest and the fourth-largest private university in Texas.

Thanksgiving Blessings

Posted on 11/22/2010 by [University of the Incarnate Word Public Relations](#)

Written by Ashley Festa, publications coordinator at the University of the Incarnate Word.

Each year, University Mission and Ministry celebrates the season of Thanksgiving with an ecumenical service devoted to giving thanks. We invite everyone to join us today at 10:30 a.m. in [Our Lady's Chapel](#) for this opportunity to offer thanksgiving for the many blessings in our lives. No matter our faith or our walk of life, God loves and cares for us daily.

Me, I've been blessed in more ways than I can count. But when I catch myself complaining, I try to remember that my "problem" is often God's favor showing up in wondrous ways that I take for granted. For example, when noise outside my window disturbs my work, I forget that I am blessed to be able to hear. Or when I have writer's block, I try to remember to be thankful that I had the good fortune to learn to read and write. In my frustration, I sometimes forget that not everyone has been so blessed.

And how much more do our blessings multiply when we are thankful for what we have?

Jesus said, "I came that they may have life, and have it abundantly."

When we thoughtfully consider our many blessings, it's easy to see we are living abundant lives, isn't it?

Let us never forget the words of the psalmist in Psalm 100.

"Shout for joy to the LORD, all the earth.

Worship the LORD with gladness;

come before him with joyful songs.

Know that the LORD is God.

It is he who made us, and we are his;

we are his people, the sheep of his pasture.

Enter his gates with thanksgiving

and his courts with praise;

give thanks to him and praise his name.

For the LORD is good and his love endures forever;

his faithfulness continues through all generations."

What are you grateful for during this season of thanksgiving?